

## Bringing food into Maplewood for residents:

Ensuring food is safe for resident consumption involves everyone following safe food handling practices. When you bring in food for a resident, we ask for your help as follows:

- Ensure food brought in is from a safe source
- Check with a nurse to ensure the item is not in conflict with the prescribed diet (ie. allergies or other special needs)
- Food items should be consumed or put in a fridge within 4 hours
- Food left must be in disposable containers AND must have the following info:
  - Resident's name
  - Date it was made
  - Contents
- Properly labeled prepared food can remain in the resident fridge up to 3 days, then we must discard it (unlabeled or undated foods must be discarded)
- Reception desk has labels/stickers; we are happy to give you several stickers if you routinely bring in food

To ensure the food you've brought in is consumed by the resident within the 3 days, it's best when the resident consumes it immediately. Not all of our residents can remember when leftovers remain in the resident fridge. We have 3 different shifts of staff including rotating days off, so it's not possible to ensure all leftovers are served to the resident.